

Operational Supplement:

Health and wellbeing activities 2021-25

Highlights from year two

The Operational Supplement: Health and Wellbeing Activities (OSHWA) is Council's annual response to the Initiatives in the Municipal Public Health and Wellbeing Plan (embedded in the Council Plan 21 - 25).

The OSHWA is guided by six focus themes

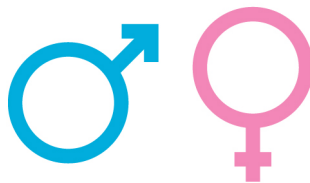
Theme 1

Assisting to reduce the harms from tobacco, alcohol, illicit drugs, and gambling



Theme 2

Promoting gender equality and reducing gendered violence



Theme 3

Promoting physical wellbeing



Theme 4

Promoting community safety



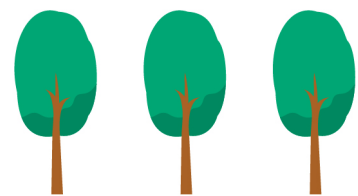
Theme 5

Promoting mental wellbeing



Theme 6

Assisting to reduce the harms from climate change

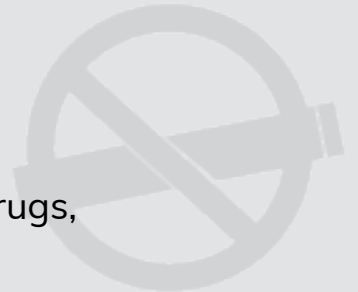


This highlights document showcases selected outcomes in the first year of Yarra's OSHWA.

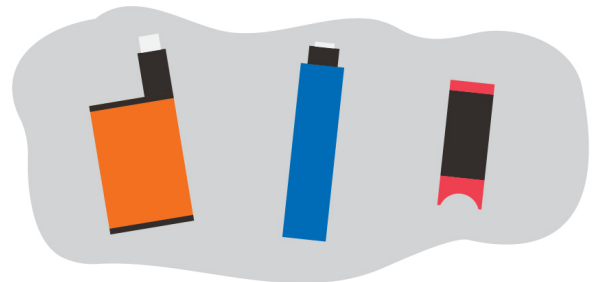
There are many more outcomes and details provided in the full report, available on [Council's website](#).

Theme 1

Assisting to reduce the harms from tobacco, alcohol, illicit drugs, and gambling



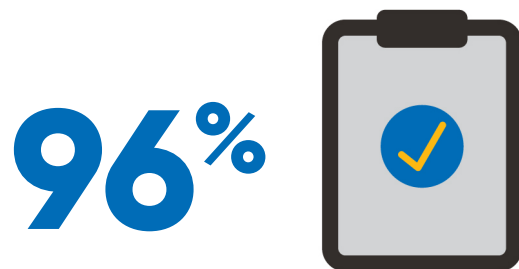
Engaging with tobacco and e-cigarette retailers to reduce tobacco related harms



Council works with retailers of tobacco and e-cigarettes through education and enforcement visits, and monitors signage to ensure that “no smoking” areas are clearly designated to reduce tobacco related harms.



Visits to retailers and premises with drinking and dining areas.



Compliance rate with the Tobacco Act 1987 and Tobacco Regulations 2017.

Reducing harm related to alcohol consumption via the Yarra Liquor Forum



Forums were hosted with an average number of 50 attendees.



Members received regular e-newsletters.

Theme 2

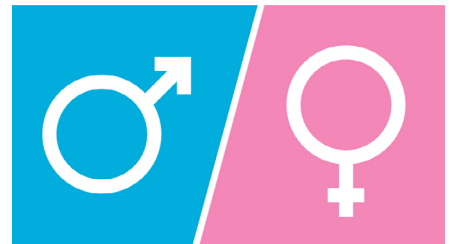
Promoting gender equality and reducing gendered violence

Assessed gender equality in our organisation and planned for improvements



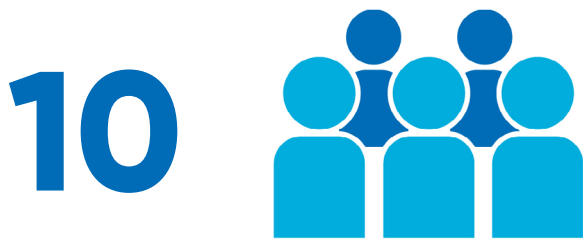
The Gender Impact Assessment Pilot Project was completed and incorporated into a final Yarra Gender Impact Assessment Toolkit.

6



Gender Impact Assessments are complete and 4 roadshows have been delivered.

Created Child Safe Action Plans to embed child safety into Council systems and practices



Compliance training sessions were delivered and attended by 216 staff.



Completed a review and upgrade of the Child Safe all staff compliance module.



Maintenance of a high completion rate (75%) for the new Child Safety and Trauma-Informed Practice staff training program.

Theme 3

Promoting physical wellbeing



Delivering social sports programs for young people including



30 passes

Supporting a wide variety of community sports programs via community grants, such as basketball and soccer, plus venue and staffing support.

to Yarra Leisure were provided to young people to participate in activities for free.

Local food production, urban agriculture and food security

\$33,000

of food relief grants were allocated in partnership with the City of Melbourne and the City of Port Phillip.

20 tonnes

of olives were picked at the Olives to Oil Festival.



New planter boxes and two new temporary laneway gardens delivered through the Community Growing Spaces program.



Workshops delivered to over 150 people on topics including gardening.

Theme 4

Promoting community safety and connection



Yarra Local Safety Reference Group



Four meetings were held in 2022-2023, to coordinate partnership response to safety issues in Yarra, including



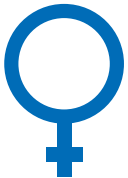
Homelessness



Empowering youth



Family violence



Women's safety and wellbeing



Alcohol and other drug issues



Night-time economy



Crime prevention

Theme 5

Promoting mental wellbeing



Yarra Communities That Care (CTC)

A community-led effort of over 24 partner agencies, focusing on supporting the healthy development of children and young people aged 8 to 14 in Yarra.

In 2022-2023, CTC delivered



Several 'Tuning into Teens' programs in partnership with local schools.



In-person and online parenting sessions attended by nearly 500 parents.



A professional development project for educators within four schools in Yarra to support the health and development of students in the middle years.

Supporting volunteers in building strong, inclusive and resilient communities



Providing new opportunities for the community to volunteer in council programs, including Chatty Café, Digital Help, Companion Animal Support Program, Gardens for Wildlife and Thread Together Store.



Supported volunteers and volunteer leaders through training, mentoring and support, community grants, partnerships, investing in technology and advocacy.

Theme 6

Assisting to reduce the harms from climate change



Supporting healthy homes



Council supports vulnerable people to retrofit their homes to improve energy performance, thermal comfort and create healthier homes.

259



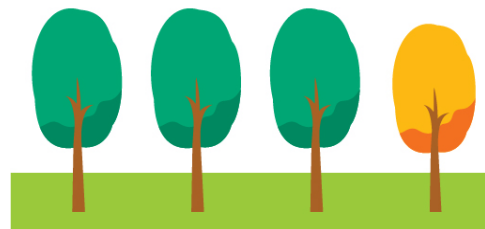
Clients received energy saving information and 31 clients received draughtproofing upgrades.

Planting trees to increase tree canopy cover, diversity and climate resilience of Yarra's urban forest.

400



Trees planted on over 30 streets.



Enabling larger canopy growth and additional permeability near existing trees via public works.