Community Safety



Why is it important?

Community safety supports social interaction and economic growth. Safe environments reduce crime, improve quality of life, and promote community engagement.

What is the story in Yarra?

Yarra's inner-city location and renowned night-time economy draw people to the region, contributing to the vibrancy of the city, but also to safety issues, with incident rates that are higher than Victoria, but comparable to other inner-Melbourne areas with night-time economies. Nearly half of all residents do not feel safe in public areas at night. The areas with the lowest perception of safety are Richmond, Abbotsford, Cremorne and Burnley.



- First Peoples
- people with disability

Carlton North having greater density.

Alcohol and Drugs



Why is it important?

Alcohol and other drugs (AOD) have significant health, social and economic impacts in communities, and are a major risk factor for preventable disease, illness and death.

What is the story in Yarra?

Alcohol outlets are a part of the tourism, social and cultural fabric of the community. However, there is a very high rate of risky drinking behaviour in Yarra, with 20% of residents at a lifetime risk of alcohol-related harm. There is also a high level of drugrelated offenses in Yarra. In Yarra, there are high rates of AOD-related social harms and AOD-related health service use.



Smoking Tobacco and Vaping



Why is it important?

Tobacco smoking is the leading risk factor contributing to disease burden and deaths in Australia. There is also evidence of negative health effects of vaping. Vaping is rapidly increasing in Australia with 20% of people aged 14 and over reporting having used e-cigarettes in 2023, up from 11% in 2019. This increase in the popularity of vaping coincides with an increase in tobacco smoking for the first time in more than a decade. The legislative landscape of vaping is changing rapidly in Australia.

What is the story in Yarra?

While Yarra has much higher rates of vaping than Metropolitan Melbourne and Victoria, there are fewer daily tobacco smokers in Yarra compared with Victoria.





Active Community

Why is it important?

Active living is important for wellbeing and helps to reduce the risk of chronic diseases. Creating environments that promote physical activity for the community will support people's health and wellbeing. With active living, it is especially important to consider groups within the community who may have fewer opportunities to stay active.

What is the story in Yarra?

Yarra residents enjoy an active lifestyle with high proportions of people using active transport and meeting physical activity guidelines. However more residents in Yarra sit for at least 8 hours a day than in Metropolitan Melbourne and Victoria, likely because of the high proportion of professional occupations. There are some priority groups who are less likely to engage in physical activity.

39% of Yarra residents sit for at least 8 hours a day

•

Meeting physical activity guidelines



•



Mental and Social Wellbeing

Why is it important?

Positive mental health can reduce the risk of developing some chronic diseases and tof misusing of alcohol and other substances. Social inclusion and connection can greatly impact how people feel about their lives and community as a whole. Community connection supports positive mental health and a sense of belonging.

What is the story in Yarra?

Yarra has a comparable rate of diagnosed mental illness compared with Victoria, however residents of Yarra seek support for mental health at a significantly higher rate. Within some priority groups in Yarra, there are more people struggling with their mental and social wellbeing.



Early Years Development

Why is it important?

The foundations of adult health are laid during the early childhood period (0-5 years). Physical, social, emotional and language/cognition development in early childhood strongly influence school success, economic participation, social citizenship and health later in life.

What is the story in Yarra?

4% of Yarra residents were 0-4 years of age in 2021, which represents 3,636 people. This is lower than the proportion of 0-4 year olds living in Metropolitan Melbourne (5.9%) and Victoria (5.8%) in 2021. The foundational importance of the first five years of life makes it an important population group to understand.

of Yarra children are fully immunised at 5 years of age, which is comparable with the Victorian average of 93%



Fitzroy

Abbotsford

- the physical health and wellbeing domain
- the emotional maturity domain



15.4%

16.1%



Food Security and Food Environments

Why is it important?

Access to adequate and nutritious food is a basic human right. Irregular access to safe, nutritionally adequate, culturally acceptable food from non-emergency sources is known as 'food insecurity'. Food insecurity impacts on physical, mental and social wellbeing. People can experience food insecurity over longer periods or temporarily.

What is the story in Yarra?

Yarra residents has a comparable rate of food insecurity to Metropolitan Melbourne and Victoria. Yarra residents enjoy a close proximity to healthy food outlets, which is comparable to other Victorian Metropolitan local governments.

Experienced food insecurity

9%

of Yarra residents have run out of

food because they could not

afford or access it.

This is similar to Metropolitan

Melbourne (7.9%) and Victoria (8%)



Some are more likely to

experience food insecurity

- People living with disability (22%)
- People with low income (23%)
- People aged 18-34 years (12%)
- Public renters (30%)

Worried about food insecurity

8%

of Yarra residents are worried about running out of food.

This is similar to Metropolitan Melbourne (8.3%) and Victoria (9.7%)

Proximity to healthy food and fast food outlets

Yarra has **better proximity to healthy food outlets than to fast food outlets**, which is comparable to other Metropolitan local governments.

498 metres is the average distance tothe closest healthy food outlet

Addressing food security is particularly important for:

- people living with disability
- people with low income
- people aged 18-34 years
- people who are public renters
- First Peoples

Map: Proximity to fast food outlets



The proximity to fast-food outlet differs by suburb, with Collingwood and Richmond having the shortest distances (shown in darker green).



No data was available on the affordability of food across Yarra, which is an important consideration for food security.



Family and Gendered Violence



Family, domestic and sexual violence is a major health and welfare issue in Australia. It occurs across all socioeconomic and demographic groups, but predominantly affects women and children. These types of violence have a serious impact on individuals, families and communities and can inflict physical injury, psychological trauma and emotional pain, effects that can be long-lasting and affect future generations.

What is the story in Yarra?

In Yarra, the rate of reported family incidents has remained stable over the last five years, and is comparable to the Victoria, however the rate of incidents related to alcohol consumption is higher.

In 2024, there were 1,111 family incidents per 100,000 people in Yarra, which is comparable to Victoria (1,378)



There were 320 family incidents per 100,000 people in Yarra that were **definitely or probably attributed to alcohol consumption**

which is higher than the rate for Metropolitan Melbourne (105) and Victoria (137)

26% of family incidents in Yarra involved children or young people as other parties

of affected family members in family incidents in Yarra were female, which is line with the 74% seen across Victoria

Focusing on family and domestic violence is particularly important for:

- people living with disability
- people in the LGBTQIA+ community
- people who are public renters

12% of Yarra residents reported experiencing some form of domestic and family violence related to drugs or alcohol

This rate was significantly worse for...

- people who are public renters 30% 17%
- people living with disabilities
- people in the LGBTQIA+ community 18%



Climate Resilience

Why is it important?

The earth is rapidly warming as a result of increasing concentrations of greenhouse gases in the atmosphere. This climate crisis will impact community health through factors like worsening of air quality, changes in the spread of infectious diseases, and risks to drinking water quality and the increasing prevalence of extreme temperatures.

What is the story in Yarra?

There are some suburbs in Yarra that are at an increased of heat vulnerability, partially because of a lack of tree coverage. Yarra's yearly average air quality meets the National Standard for air quality, and is on par with Victoria.

18% is Yarra's canopy tree coverage

which has remained steady since 2016 (17%)

- Tree coverage is lower in:
 - Collingwood (10%)
 - Cremorne (10%)

Fitzroy, Collingwood and Richmond had hotter temperatures, which corresponds with lower tree coverage.

18% of the time, Yarra's air quality was defined as 'poor'



9.3% of Yarra residents have **asthma**, higher than Metropolitan Melbourne (7.9%)

41% of Yarra residents experience **respiratory issues or allergies** due to air pollution, pollen or allergens

Yearly Average Air Quality



Yarra's **highest summer temperature** in 2023 was 41.3°C, and 39.7°C in 2024

> Pockets of **high heat vulnerability** are visible across the municipality using the **Health Vulnerability Index**

Addressing heat vulnerability

is particularly important for:

- Older people
- People with chronic health conditions
- Lower income households
- People living in poorer-quality housing
- People experiencing homelessness

Map: Heat vulnerability index*

*Heat Vulnerability Index is based on: socio-economic adaptive capacity, presence of preexisting vulnerabilities and land surface temperature



Healthy Housing

Why is it important?

To maintain good health, people need to live in healthy and safe environments. Factors like homelessness, housing stress, overcrowding, indoor air quality, and exposure to indoor extremes of temperature can impact on people's mental and physical health. Evidence supports a direct association between poor-quality housing and health outcomes such as respiratory illness, cardiovascular disease and poor mental health.

What is the story in Yarra?

The dominant housing across Yarra is 'medium density', with an average of 14,109 dwellings per 1,600 metres, more than double the Victorian average of 6,396 dwellings within 1,600 metres. In Yarra, half of all households (51%) are renting, which is higher than Metropolitan Melbourne (29%), and can be an insecure tenure type. Furthermore, 8.1% of households rent social housing, which is higher than Metropolitan Melbourne (2.3%) and Victoria (2.5%).

of households are **renting**, which is higher than Metropolitan Melbourne (29%)

(need one or more bedrooms)

of households are **renting social housing**, which is higher than Metropolitan Melbourne (2.3%)

19% of Yarra residents are in housing affordability stress (spending >30% of income on mortgage or rent)

47% of Yarra residents could NOT afford to heat or cool their home whenever needed

6.4% of Yarra residents live in an overcrowded residence

This rate was significantly worse for:

- people aged 18-34 years (59%)
- low income households (64%)
- people in the LGBTIQA+ community (64%)

-<u>`</u>ф**]**65%

Yarra residents are able to keep their home **adequately cool in Summer**



Yarra residents are able to keep their home **adequately** warm in Winter

Supporting healthy housing is particularly important for:

• low income households

51%

- young people aged 18-34 years
- people in the LGBTQIA+ community
- First Peoples

728 people were recorded as experiencing homelessness in Yarra in 2021. Homelessness is often hidden or unidentified, meaning the actual figures are likely to be considerably higher.

Homelessness can be considered a crucial and life-threatening condition