

# Smoking Tobacco and Vaping

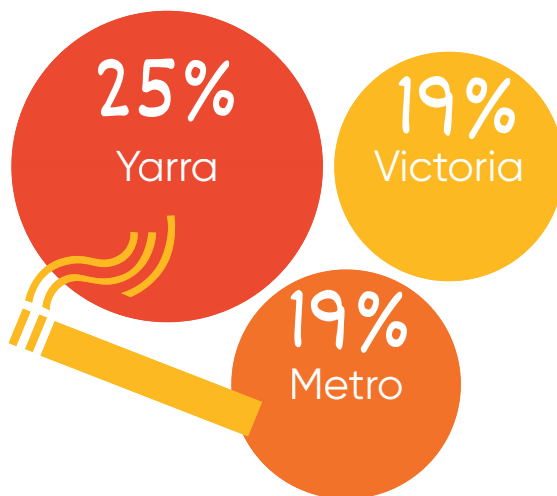
## Why is it important?

Tobacco smoking is the leading risk factor contributing to disease burden and deaths in Australia. There is also evidence of negative health effects of vaping. Vaping is rapidly increasing in Australia with 20% of people aged 14 and over reporting having used e-cigarettes in 2023, up from 11% in 2019. This increase in the popularity of vaping coincides with an increase in tobacco smoking for the first time in more than a decade. The legislative landscape of vaping is changing rapidly in Australia.

## What is the story in Yarra?

While Yarra has much higher rates of vaping than Metropolitan Melbourne and Victoria, there are fewer daily tobacco smokers in Yarra compared with Victoria.

### Any current vaping or smoking



**Smoking or vaping is higher in Yarra (25%)** compared to Metropolitan Melbourne and Victoria (19%)

### Regular smoking

**6%** regularly smoke (all or most days) which is less than Victoria (10%). However, within Yarra this is higher for...

- ↑↑ people who are culturally and linguistically diverse (9%)
- people with a disability (7%)

↓ and lower for...

- women (3%)

### Regular vaping

**7%** regularly vape (all or most days) which is more than Victoria (4.5%). However, within Yarra this is higher for...

- ↑↑ LGBTQIA+ (14%)
- people who are in the low income households (8%)

↓ and lower for...

- people who are culturally and linguistically diverse (2%)

Managing smoking and vaping is particularly important for:

- younger people
- people in the LGBTQIA+ community
- culturally and/or linguistically diverse communities
- First Peoples

There are no data within Yarra on people under 18 years, however vaping is a known issue for younger people