

Food Security and Food Environments

Why is it important?

Access to adequate and nutritious food is a basic human right. Irregular access to safe, nutritionally adequate, culturally acceptable food from non-emergency sources is known as 'food insecurity'. Food insecurity impacts on physical, mental and social wellbeing. People can experience food insecurity over longer periods or temporarily.

What is the story in Yarra?

Yarra residents has a comparable rate of food insecurity to Metropolitan Melbourne and Victoria. Yarra residents enjoy a close proximity to healthy food outlets, which is comparable to other Victorian Metropolitan local governments.

Experienced food insecurity

9%

of Yarra residents have run out of food because they could not afford or access it.

This is similar to Metropolitan Melbourne (7.9%) and Victoria (8%)



Worried about food insecurity

8%

of Yarra residents are worried about running out of food.

This is similar to Metropolitan Melbourne (8.3%) and Victoria (9.7%)

Some are more likely to experience food insecurity

- People living with disability (22%)
- People with low income (23%)
- People aged 18-34 years (12%)
- Public renters (30%)

Proximity to healthy food and fast food outlets

Yarra has **better proximity to healthy food outlets than to fast food outlets**, which is comparable to other Metropolitan local governments.

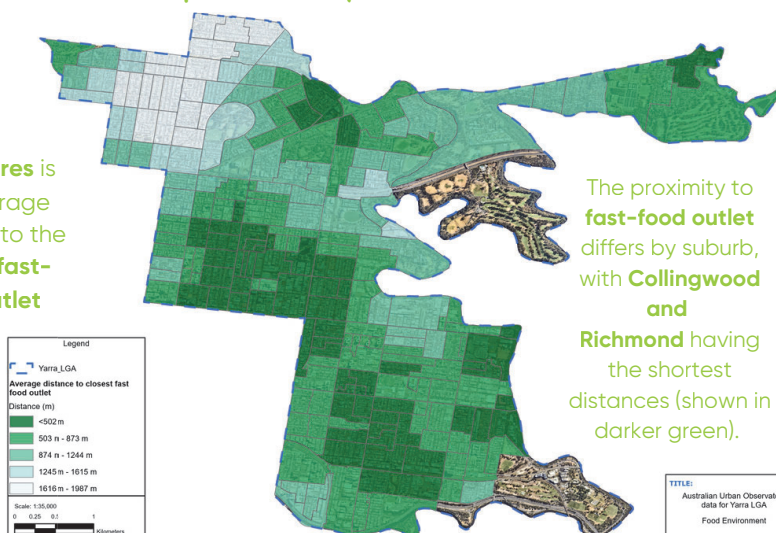


498 metres is the average distance to the closest **healthy food outlet**



808 metres is the average distance to the closest **fast-food outlet**

Map: Proximity to fast food outlets



Addressing food security is particularly important for:

- people living with disability
- people with low income
- people aged 18-34 years
- people who are public renters
- First Peoples

No data was available on the affordability of food across Yarra, which is an important consideration for food security.