

Active Ageing Advisory Committee

Minutes



Date:	15/11/2023	Start time:	1.00pm
Location:	Collingwood Town Hall – Wurundjeri Room Virtual Available	End time:	3.00pm

Chair	Cr Amanda Stone	Minute Taker	Coordinator Active and Healthy Ageing	Trim Ref:	
--------------	-----------------	---------------------	---	------------------	--

Statement of Recognition of Wurundjeri Land:

“Yarra City Council acknowledges the Wurundjeri Woi Wurrung people as the Traditional Owners and true sovereigns of the land now known as Yarra. We also acknowledge the significant contributions made by other Aboriginal and Torres Strait Islander people to life in Yarra. We pay our respects to Elders from all nations here today—and to their Elders past, present and future”.

Items:

ItemNo.	Topic	Actions
1.	Welcome and Acknowledgement of Country	
2.	Attendance: Cr. Stone, Coordinator Community Planning, Coordinator Active and Healthy Ageing, five community members (CM), members of the community planning team Apologies: Three community members (CM)	
3.	Minutes: Business Arising: <ul style="list-style-type: none">• CM to email details to Coordinator Community Planning regarding U3A Seniors Festival Activities• All members to send ideas for gifts to Coordinator Active and Healthy Ageing• Coordinator Community Planning to circulate details regarding online swap group for equipment (One Good Street)	

	<ul style="list-style-type: none"> Coordinator Community Planning to add interested AAAC members to attend the Senior of the Year awards at Government House 	
4.	<p>Standing agenda item: Aged Care Reforms</p> <ul style="list-style-type: none"> Timelines/Status of Reforms <p>There are currently no significant changes or updates to the aged care reforms. There is a Commonwealth Home Support Programme (CHSP) update for providers being held on November 16.</p> <p>Currently, 42 of the total 79 Victorian Councils have already made a decision regarding Aged Care Services.</p> <p>A number of other factors for consideration were discussed:</p> <ul style="list-style-type: none"> - How other Councils are making decisions or deciding to stay in - Other roles Council may play, such as facilitating volunteer opportunities - Concern around the quality of assessment in the new model - The impact of the 15% increase in salary for aged care staff on July 1 covered by certain awards 	
5.	<p>Member update: Each member to share an update.</p> <p>CM: A number of activities were done in collaboration with a community group and Yarra Council: photography exhibition, cycling tour, ageing well forum, and trivia night. These efforts were reflective of the way the community group positions itself; as not just doing activities for members, but for everyone.</p> <p>CM: The Bent Twig Alliance continues with 167 members now on the Facebook page. Willowview also celebrated their 30th Anniversary in October. Has recently had an accessible parking permit revoked for the first time after fifteen years - the system has recently changed, from being Council issued to VicRoads.</p> <p>CM: Attended Play Space Strategy targeted consultation representing the AAAC. Attendees were asked for some priorities from each member and the group that they represent. CM spoke to seating, opportunities for social interaction, alcoves which make it inviting for older people, for younger people to see older people exercising and being active.</p> <p>CM: Support around COVID is reducing, a lot of funded projects have ceased or are ceasing. Additionally, there are</p>	Officers to follow up one-on-one with CM

	<p>some changes in the vaccination program for both meningococcal and shingles. Group discussion around challenges of having regular or consistent access to a GP.</p> <p>CM: Concern from Cremorne Community Group regarding the amount of construction currently taking place in the area. Is engaged with a number of residents at Richmond Recreation Centre who identify footpaths, walkability, and getting around as priorities in terms of healthy ageing.</p>	
	<p>Climate Emergency Plan</p> <p>Yarra City Council is beginning to develop our new Climate Emergency Plan which will underpin our response to the climate crisis in the years to come.</p> <ul style="list-style-type: none"> • How does climate change impact you? (for example, during heatwaves?) • Are there particular impacts for older adults living in Yarra? • What can Council do to support older adults to: <ul style="list-style-type: none"> - manage impacts of climate? - take climate action? <p>The Climate Emergency Officer started by providing an overview of key findings from the pre-consultation:</p> <ul style="list-style-type: none"> - Heatwaves pose the highest risk, people are affected by climate differently, transportation and access to cool spaces is important, and the role of hydration (which could be overhydration or underhydration.) <p>Discussion from other members came to:</p> <ul style="list-style-type: none"> - Sharing information is a significant challenge, as so much is online. How do you receive the information regarding cool areas to older groups of people? For instance: community houses, gyms, word of mouth. - People who do not have any services entering their home are likely to be the most vulnerable. Service providers will need to be informed and aware regarding identifying people at risk of heat stress. - A lot of people are disadvantaged from different ethnic groups. - Good Karma Networks and other similar groups could be leveraged to connect with other people in the local area. - Challenge with cool spaces exists: benefits and disadvantages of staying home versus going out to a cool space. - Citizens Advice Bureaus existed in the past, which allowed the facilitation of information like this. 	<p>Coordinator Active and Healthy Ageing to share email regarding Climate Emergency session in late November.</p>

	<ul style="list-style-type: none"> - Older people trust Council. - People who live in their own home which is old and are isolated are likely to be quite vulnerable. - Noticing more warnings about people’s breathing and the air quality: thunderstorm asthma, and repercussions to that: being isolated or having to stay at home. 	
	<p>Councillor update:</p> <ul style="list-style-type: none"> - Cr Stone to share update. <p>Council has approved a cat curfew from dusk to dawn, which will commence in January.</p> <p>Council took position to the Voice to Parliament on the ‘Yes’ vote and achieved the highest ‘yes’ proportion in Victoria.</p> <p>At the most recent Council meeting there was the expansion of the 30 km/hr speed limit trial to all streets in Fitzroy and Collingwood, excluding Johnston Street.</p> <p>Endorsed Yarra’s annual grant program.</p>	
7.	<p>Other business</p> <ul style="list-style-type: none"> • ‘Our Clubs, Our Stories’ – Multicultural Seniors Clubs • Active and Healthy Ageing Strategy Consultation – have AAAC members completed survey? • Preferred dates for December social catch up 	Coordinator Active and Healthy Ageing to follow up with members about a December date for catch up.

Next Meeting: Possible December Social Catch Up - TBC