

## Active Ageing Advisory Committee

### Minutes



<b>Date:</b>	12/07/2023	<b>Start time:</b>	1.00pm
<b>Location:</b>	Collingwood Town Hall – Wurundjeri Room  Virtual Available	<b>End time:</b>	3.00pm

<b>Chair</b>	Cr Amanda Stone	<b>Minute Taker</b>	Lauren Brooker	<b>Trim Ref:</b>	
--------------	-----------------	---------------------	----------------	------------------	--

#### Statement of Recognition of Wurundjeri Land:

“Yarra City Council acknowledges the Wurundjeri Woi Wurrung people as the Traditional Owners and true sovereigns of the land now known as Yarra. We also acknowledge the significant contributions made by other Aboriginal and Torres Strait Islander people to life in Yarra. We pay our respects to Elders from all nations here today—and to their Elders past, present and future”.

#### Items:

ItemNo.	Topic	Actions
1.	Welcome and Acknowledgement of Country  <b>Attendance:</b> Cr Amanda Stone (Chair), Council Officers (CO), AAAC members (CM)	
2.	<b>Minutes:</b> <b>Business Arising:</b> <ul style="list-style-type: none"><li>Council officers to share a snapshot/evaluation of the AAAC for members This has been sent out with the July minutes.</li><li>Broader community engagement for the Climate Emergency Plan at Bargoonga Nganjin in North Fitzroy which AAAC members are invited to attend CM expressed interest and was invited to join the two sessions</li><li>CO to engage with Chinese Seniors Clubs about Tai Chi in Yarra Discussion with the Federation of Chinese Associations has started</li></ul>	<ul style="list-style-type: none"><li>CO to initiate planning of a social event for Carers Week at Yarra.</li></ul>

	<ul style="list-style-type: none"> <li>• CO to circulate budget links and information with the AAAC</li> </ul> <p>This has been completed and distributed with the May minutes</p> <ul style="list-style-type: none"> <li>• CO to circulate calendar invitation for May 30 with all committee members (for Healthy and Active Ageing Action Plan and Aged Care Reforms)</li> </ul> <p>This has been completed, thanks to all who attended</p>	
<p><b>4.</b></p>	<p><b>Update and suggestions for upcoming healthy and active ageing initiatives</b></p> <ul style="list-style-type: none"> <li>• Seniors Festival 2023</li> <li>• Ageing Well Forum</li> <li>• Bent Twig Alliance</li> <li>• Companion Animal Support Program</li> <li>• Dementia Action Week</li> <li>• National Carers Week</li> </ul> <p>Several key points were made by members about the importance of promoting events and activities through networks, community health centres, and word of mouth.</p> <p>Members discussed the nature of the caring role, and how many people who are in caring roles may not even identify themselves as being a carer. Carers, Families, and Supporters was cited as a term which tends to accommodate people, regardless of their perspective of their situation.</p>	
<p><b>5.</b></p>	<p><b>Standing agenda item: Aged Care Reforms</b></p> <p>Timelines/Status of Reforms</p> <p>Meeting with Ged Kearney: CEO and General Manager Community Strengthening. Trying to determine which areas of reform are able to be influenced. Discussion around group-based activities and how they are funded, as these initiatives tend to require upfront funding: infrastructure etc.</p> <p>Workforce issues in the inner city is becoming an issue, coming in for one hour is not worth it for staff. Some improvement of employment of carers, Mercy Health have recruited some new carers.</p> <p>In terms of the Regional Assessment Service, there is a commitment to June 30 2024. Further information is anticipated to come out in July.</p> <p>Currently, an internal working group are mapping out the decision-making timelines for the various services. This will be returned to the Committee with options for future discussion.</p>	

<p><b>6.</b></p>	<p><b>Member update:</b></p> <ul style="list-style-type: none"> <li>• Each member to share an update</li> </ul> <p>CM – Has been reflecting on food security, and access to fruit and vegetables. Raised the below questions:</p> <ul style="list-style-type: none"> <li>- How do we get people with low incomes access to fruit and vegetables?</li> <li>- Yarra is the biggest provider of free food than any other municipality.</li> <li>- Cooking in the home is probably the most important part of healthy eating, and a priority for skill development.</li> <li>- Importance for service delivery to accommodate individual needs by coming in to someone’s home and showing them how to cook.</li> </ul> <p>CM – Finbar Neighbourhood House has taken a focus on cybersecurity, which Bruce has been closely involved in.</p> <p>CM – Has been engaged with a working group of U3A and Yarra for Seniors Festival, and has had particular focus on mapping and planning an inaugural bike ride for Seniors Festival in Yarra.</p>	
<p><b>7.</b></p>	<p><b>Councillor update:</b></p> <ul style="list-style-type: none"> <li>• Cr Stone to share update</li> </ul> <p>There are Council elections at the end of next year. Prior to those elections, the VEC has provided information to change from multi-councillor to single-councillor wards. There is an opportunity to provide feedback.</p> <p>General acknowledgement that scooters pose challenge to footpaths. The obstacles on footpaths (bins, bikes, scooters) are front of mind in being addressed.</p> <p>Local Liveable Streets: if people have an idea for improving their street, they can put it into this program where it can be assessed. Each year, funding is available.</p> <p>Gardens for Wildlife: trained volunteers (residents from Yarra) will attend your house/garden and provide recommendations on how it attracts wildlife and biodiversity.</p>	<ul style="list-style-type: none"> <li>- Provide feedback link to be sent out: 12 July – 2 August electoral structure review</li> <li>- Share nature strategy <a href="https://www.yarracity.vic.gov.au/the-area/biodiversity-and-wildlife-in-yarra">https://www.yarracity.vic.gov.au/the-area/biodiversity-and-wildlife-in-yarra</a></li> <li>- Share Local Liveable Streets Program <a href="https://www.yarracity.vic.gov.au/the-area/local-liveable-streets">https://www.yarracity.vic.gov.au/the-area/local-liveable-streets</a></li> </ul>
<p><b>8.</b></p>	<p><b>Other business</b></p> <ul style="list-style-type: none"> <li>• Transport to be invited to future 2023 AAAC meeting</li> <li>- Pedestrian access and the scooter pilot remain an interest of AAAC members</li> <li>- Members also discussed novel topics, such as the possibility of a ‘tuktuk’ from cohealth to the estate</li> <li>- Community transport offering a bus throughout the municipality, past places of particular interest</li> </ul>	

- |  |                                                                                                                                                |  |
|--|------------------------------------------------------------------------------------------------------------------------------------------------|--|
|  | <ul style="list-style-type: none"><li>• NAIDOC week acknowledged by committee members, particularly the 2023 theme 'for our elders.'</li></ul> |  |
|--|------------------------------------------------------------------------------------------------------------------------------------------------|--|

**Next Meeting:** 13 September 2023, Collingwood Town Hall