

KEEP COOL IN YARRA ❄️

Keeping babies and young children **SAFE** in a heatwave



Heat can make you very sick

In a heatwave, electricity may stop working, shops may close, and public transport may not run.

Turn over to find out how to keep babies and children cool and safe.

For more information visit
yarracity.vic.gov.au/heatwave

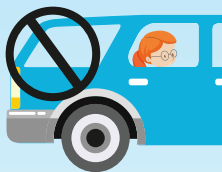


FIVE EASY WAYS TO BE SAFE IN A HEATWAVE

- 1** Give babies and young children extra drinks in hot weather



- 2** Never leave children in the car



- 3** Babies overheat quickly in hot weather

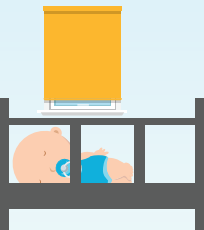
4

- Dress them in cool clothing and apply hats and sunscreen



5

- Let them sleep in the coolest room in the house



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