INFLUENZA VACCINE CONSENT FORM 2024



Organisation's Name (if applicable):																							
Surname:																							
First name:																							
Gender: Female Other Prefer not to say																							
Date of Birth	: [Age:									
Medicare Number: Reference number next to name																							
Address:																							
Suburb:																F	Posto	cod	e:			\Box	
Email:																							
Mobile:																							
Parent/Guar (if applicable																							
Pre Immunis	ation	Que	estio	ns:																			
Are you/your child of Aboriginal and/or Torres Strait Islander origin? Yes No																							
Are you/your child unwell today? Yes No																							
Are you turning 65 this year or over 65 years? Yes No																							
Are you pregnant? Yes No																							
Do you/your child have a history of Guillain-Barre syndrome? Yes No																							
Do you/your child have any medical conditions such as lung or heart disease, neurological conditions (eg MS, diabetes, lowered immunity, cancer)? Yes No																							
Do you/your child have any allergies? If yes, please list Yes No																							
Have you/yo	ur chi	ld ex	peri	ence	d any	, prob	olems	follo	wing	vac	cina	ation	s? I	yes,	plea	se li	st		Ye	es		 No	
I have read and understand the information provided on the back of this form about the influenza vaccine, including the risks of not being vaccinated and the side effects of vaccines. I understand I can discuss the risks and benefits of vaccination with the immunisation nurse or my doctor. I understand that consent can be withdrawn at any time before vaccination takes place.									·														
Signature: _													D	ate:		/_							
Yarra's Privacy Statement: The collection and handling of personal information is accordance with Council's Privacy Policy which is displayed on Council's website and available for inspection at, or collection from Council's customer service centre(s). Your personal information and your child's personal information is recorded for the purpose of promoting compliance with the immunisation schedule as defined by the National Health and Medical Research Council and in accordance with the Privacy and Data Protection Act 2014 and Health Records Act 2001 and for no other purpose. The Australian Immunisation Register (part of Medicare Australia) will receive a record of all immunisations given by the provider. The information may be disclosed as required by law or to another council, GP or Maternal & Child Health Nurse with your consent.									d's nd se.														
Office Use		<u> </u>	_	<u> </u>			, .							_	_	_	_	_		- -			_
Vaccine Bat	ch:					L arı circle		g		Im	mun	iiser	:					_ D	ate (ive	n:	 	_

INFLUENZA VACCINE 2024 – INFORMATION SHEET

What is influenza (the flu')?

Influenza is a contagious disease caused by infection with influenza viruses. It mainly affects the throat and lungs but it can also cause problems with the heart and other parts of the body, especially in young children and adults with health problems and pregnant women.



Influenza Symptoms:

Symptoms usually occur one to three days after infection and can include fever, cough, sore throat, muscle and joint aches, headaches, runny or stuffy nose and severe fatigue. Children and the elderly can experience nausea, vomiting and/or diarrhoea. Compared with many other viruses such as the common cold, influenza tends to cause more severe symptoms and can be associated with life-threatening complications such as pneumonia, heart failure or stroke. It can also worsen other conditions people are living with.

How is influenza spread?

The influenza virus is easily spread by coughing, sneezing and by contact with contaminated hands and surfaces. Infected people are contagious from approximately one day before symptoms start until three to five days after.

How is influenza diagnosed?

Your health care provider may diagnose an influenza-like-illness by examination and symptoms. The specific diagnosis of influenza can only be confirmed by testing a sample from the back of your nose and throat.

Who is at risk of influenza?

Anyone can get influenza. Those most likely to develop complications from influenza include children, pregnant women, the elderly, Aboriginal and Torres Strait Islander people and people with other health conditions such as heart disease, lung disease, diabetes and other metabolic disorders, renal disease, neurological conditions and those with lowered immunity. If people contract both COVID and influenza at the same time it may result in severe consequences.

How can influenza be prevented?

The best way to prevent influenza is to get the vaccine at least two weeks before the beginning of the flu season. The vaccine is recommended for any person six months of age and over. The strains used in the seasonal influenza vaccine can change from year to year depending on which viruses are circulating. This year influenza vaccines available in Australia, will include the usual egg-based vaccines, and a cell-or recombinant based vaccine. These vaccines will include the following four circulating viruses:

Egg-based Vaccines:	Cell-or recombinant based Vaccines
A/Victoria/4897/2022 (H1N1)pdm09-like virus	A/Wisconsin/67/2022 (H1N1)pdm09-like virus
A/Thailand/8/2022 (H3N2)-like virus	A/Massachusetts/18/2022 (H3N2)-like virus
B/Austria/1359417/2021 (B/Victoria lineage)-like virus	B/Austria/1359417/2021 (B/Victoria lineage)-like virus
B/Phuket/3073/2013 (B/Yamagata lineage)-like virus	B/Phuket/3073/2013 (B/Yamagata lineage)-like virus

Yarra council provide both the **egg-based** and **cell-based** vaccine, however the cell-based vaccine (Flucelvax Quad®) is only funded for people aged 5 - 64 years with medical conditions, putting them at increased risk of complications from influenza. There is no preferential recommendation between Flucelvax Quad® and standard dose of egg-based influenza vaccine.

The influenza vaccine contains no live virus, only some proteins from the virus surface. It is safe and effective and because there is no live virus it cannot give you influenza. Side effects are usually local i.e. pain/redness at the injection site, resolving within a day or two. Sometimes people who receive the flu vaccine can still get influenza, however, if you are vaccinated and get flu', you will have a much milder disease course.

It takes approximately two weeks after vaccination for antibodies to develop in the body and provide protection against the flu. The peak effectiveness of the vaccine occurs in the first 3 to 4 months after getting the vaccine.

Other ways to protect yourself include, washing your hands with soap and running water after coughing, sneezing or blowing your nose and before touching other people or objects, covering your coughs and sneezes with the inside of your elbow or tissue and disposing of the tissue in the bin after use. If you need to seek medical care, call the medical centre for advice on making an appointment. For more information go to: www.betterhealth.vic.gov.au/flu

The influenza vaccine and COVID vaccine

Influenza vaccines can be administered on the same day as any COVID-19 vaccine.