

PARENT INFORMATION SESSIONS 2019



NEED MORE SUPPORT WITH PARENTING?

Yarra City Council can link you in with a range of supports and services to build on your family strengths and increase your links with the local community.

If you feel like you need some extra support, contact Yarra City Council Family Support team on **9205 5483**

SESSION INFORMATION

First Aid for Parents

Short course covering CPR for babies, drowning, choking, seizures and febrile convulsions, fever, pain and dehydration and recognising serious illness.

This course is provided by Child Revive.

From Nappies to Undies - Toilet Training

For families with children aged 18m to 4 years.

This session promotes toilet training as a normal developmental stage that can be approached with positivity. Independent toileting is a life skill developed through the normal learning cycle – modelling, exploring, troubleshooting and mastery.

Come along to learn from experienced registered nurse, midwife, continence and bedwetting specialist Anne Ferrie.

Introduction to Solids

For families with children aged four to seven months.

How do I know when my baby is ready to eat solid foods? What foods are best to start with? How do milk feeds fit alongside solid foods?

If you relate to these questions, this discussion is for you!

Mealtime for Toddlers and Pre-schoolers

This interactive session will cover nutritional requirements for toddlers and kindergarten, tips for making mealtimes more relaxed and ideas for fussy eaters to try new foods.

Becoming a Community Playgroup

Setting up a playgroup and bringing people together to have fun.

Provided in partnership with council Playgroup Services and Playgroup Victoria.

Everything you need to know about Child Care and Kindergarten

Choosing the right child care service for your child and family. Learn about the different types of child care and preschool available, and what to ask or look for when choosing a quality service.

For advice on ways to prepare your child in the weeks leading up to starting care to help them settle in.

Special Event Sessions

TALKING WITH CHILDREN ABOUT CLIMATE CRISIS

DAILY ACTS FOR CLIMATE CHANGE PRACTICAL IDEAS FOR FAMILIES

TALKING THE TALK SEX EDUCATION

KEEPING CHILDREN CYBER-SAFE

See website for details

BOOKINGS

mchbookings@yarracity.vic.gov.au

03 9205 5599

TIMETABLE JULY - DECEMBER 2019

First Aid for Parents

6 th July	10:30 – 12:45pm	Bargoonga Nganjin, North Fitzroy
24 th August	10:30 – 12:45pm	Collingwood Library
21 st September	10:30 – 12:45pm	Bargoonga Nganjin, North Fitzroy
19 th October	10:30 – 12:45pm	Fitzroy Library
16 th November	10:30 – 12:45pm	Bargoonga Nganjin, North Fitzroy
21 st December	10:30 – 12:45pm	Collingwood Library

Becoming a community playgroup

13 th August	9:30 – 11:00am	Bargoonga Nganjin Lvl 2, Playgroup Room, North Fitzroy
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Everything you need to know about Child Care and Kindergarten

11 th September	6:00 – 7:00pm	Bargoonga Nganjin, Community Room Lvl 3, North Fitzroy
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Toilet Training

29 th October	6:15 – 7:45pm	Bargoonga Nganjin Seminar Room, North Fitzroy
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Meal Time for Toddlers

28 th August	7:00 – 8:00pm	Bargoonga Nganjin, Lvl 3 Community Room, North Fitzroy
26 th September	10:00 – 11:00am	Collingwood Library Meeting Room

Introduction to solids

11 th July	1:30 – 2:30pm	North Richmond Community Health 23 Lennox Street, Richmond
13 th August	3:00 – 4:00pm	Connie Benn Centre 160 Brunswick Street, Fitzroy
12 th September	1:30 – 2:30pm	North Richmond Community Health 23 Lennox Street, Richmond
8 th October	3:00 – 4:00pm	Connie Benn Centre 160 Brunswick Street, Fitzroy
7 th November	1:30 – 2:30pm	North Richmond Community Health 23 Lennox Street, Richmond
10 th December	3:00 – 4:00pm	Connie Benn Centre 160 Brunswick Street, Fitzroy