



Your Maternal and Child Health Service

October 2009

Improvements are being introduced to the Maternal and Child Health (MCH) Service in Victoria to enhance the service and the level of support provided to parents. The next time you visit your MCH nurse, you may notice these small changes and some differences to the way information is recorded in your Child Health Record.

WHAT'S CHANGING?

The visit has been improved to include four key activities:

- asking you about your concerns as a parent
- monitoring your child's growth and development
- promoting key messages related to the health and development of your child
- introducing you to parenting information based on latest research.

WHAT WILL REMAIN THE SAME?

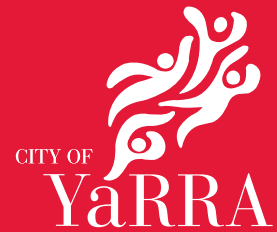
Most aspects of your visit to the MCH nurse will stay exactly the same.

- Following discharge from hospital, families will continue to receive a home visit from the MCH nurse who will invite them to attend the centre
- Families will continue to be invited to attend the centre with their baby/child for the next nine consultations that happen at 2 weeks, 4 weeks, 8 weeks, 4 months, 8 months, 1 year, 18 months, 2 years and 3½ years
- Telephone and additional visits are also available if you need extra support along with the new parent groups offered at each MCH centre.

These changes aim to improve the service provided at your MCH Centre by ensuring that concerns about your child's health, development or behaviour are raised at an early stage. Early action will allow your MCH nurse to provide the necessary advice, support and referrals to achieve the best outcome for your child.

Your MCH nurse will continue to review your child's health, development and learning as usual, as well as monitoring your own health and talking to you about your experience as a parent.

If you require further information please speak with your MCH nurse at your next visit or contact Council's MCH and Family Support Program Leader Wendy Jones on **9205 5411**.



IF YOU WOULD LIKE TO KNOW MORE ABOUT THE INFORMATION IN THIS DOCUMENT AND YOUR LANGUAGE IS NOT LISTED BELOW, YOU CAN CONTACT AN INTERPRETER ON **9280 1940**

VIETNAMESE

NẾU MUỐN BIẾT THÊM CHI TIẾT VỀ NỘI DUNG VĂN KIỆN NÀY, QUÍ VỊ CÓ THỂ LIÊN LẠC VỚI MỘT THÔNG DỊCH VIÊN QUA ĐIỆN THOẠI SỐ **9280 1939**

GREEK

ΑΝ ΘΕΛΕΤΕ ΠΕΡΙΣΣΟΤΕΡΕΣ ΠΛΗΡΟΦΟΡΙΕΣ ΣΕ ΣΧΕΣΗ ΜΕ ΤΑ ΣΤΟΙΧΕΙΑ ΠΟΥ ΠΕΡΙΕΧΟΝΤΑΙ ΣΤΟ ΕΝΤΥΠΟ ΑΥΤΟ, ΜΠΟΡΕΙΤΕ ΝΑ ΕΠΙΚΟΙΝΩΗΣΕΤΕ ΜΕ ΕΝΑ ΔΙΕΡΜΗΝΕΑ ΣΤΟΝ ΑΡΙΘΜΟ **9280 1934**

MANDARIN

如果想要进一步了解这份文件中的内容，您可以致电 **9280 1937**，和翻译员取得联系

CANTONESE

如果您更多地瞭解關於這篇文件的內容，您可以與傳譯員聯絡，電話號碼**9280 1932**

ITALIAN

SE DESIDERATE SAPERNE DI PIÙ CIRCA LE INFORMAZIONI CONTENUTE IN QUESTO DOCUMENTO, POTETE CONTATTARE UN INTERPRETE AL **9280 1931**

TURKISH

BU BELGEDE YERALAN BİLGİLERE İLİŞKİN DAHA FAZLA BİLGİ EDİNMEK İSTİYORSANIZ, **9280 1938** NUMARADAN BİR TERCÜMANLA GÖRÜŞEBİLİRSİNİZ

ARABIC

لمعرفة المزيد عن المعلومات الواردة في هذه الوثيقة بإمكانكم الاتصال بمترجم على الرقم **9280 1930**

SPANISH

SI QUIERE MÁS DETALLES SOBRE LA INFORMACIÓN CONTENIDA EN ESTE DOCUMENTO, PÓNGASE EN CONTACTO CON UN INTÉRPRETE LLAMANDO AL TELÉFONO Nº **9280 1935**

MACEDONIAN

ΑΚΟ ΣΑΚΑΤΕ ΔΑ ΔΟΖΝΑΕΤΕ ΠΟΒΕΚΕ ΖΑ ΙΝΦΟΡΜΑΖΙΟΝΤΕ ΒΟ ΟΒΟЈ ДОКУМЕНТ ЈΑΒΕΤΕ СЕ ΖΑ ΠΡΕΒΕДУВАЧ НА **9280 1936**